

lundi	mardi	merc.	jeudi	vendr.	samedi	dim.
9h30 LES MILLS CORE	9h30 LES MILLS DANCE		9h30 LES MILLS RPM	9h30 LES MILLS CORE	9h45 LES MILLS BODYPUMP	
10h30 LES MILLS RPM	10h30 LES MILLS BODYPUMP	10h30 LES MILLS BODYBALANCE	10h30 TRX TRAINING TRX		11h00 LES MILLS RPM	11h00 LES MILLS RPM
12h30 TRX TRAINING TRX	12h30 LES MILLS RPM		12h30 LES MILLS BODYBALANCE	12h30 LES MILLS RPM		
17h45 TRX TRAINING TRX		17h45 LES MILLS RPM	17h45 TRX TRAINING TRX			
18h30 LES MILLS RPM	18h30 LES MILLS BODYATTACK	18h30 LES MILLS BODYPUMP	18h30 LES MILLS BODYBALANCE			
19h15 LES MILLS BODYPUMP 	19h15 LES MILLS SPRINT					

