

PLANNING



lundi	mardi	merc.	jeudi	vendr.	samedi	dim.
9h15 LES MILLS BODYPUMP	7h15 LES MILLS RPM	LES MILLS BODYPUMP 9h15		9h15 LES MILLS RPM	10h LES MILLS BODYPUMP	10h15 LES MILLS BODYPUMP
10h15 ZUMBA FITNESS ZUMBA	9h15 LES MILLS BODYBALANCE	LES MILLS DANCE 10h15	9h15 LES MILLS TONE	10h15 LES MILLS BODYBALANCE	10h15 LES MILLS SPRINT	10h15 LES MILLS RPM
	10h15 LES MILLS CORE	11h15 LES MILLS RPM	10h15 LES MILLS RPM	11h15 LES MILLS BODYPUMP	11h LES MILLS BODYSTEP	11h30 LES MILLS RPM
12h30 LES MILLS RPM	12h30 LES MILLS BODYPUMP	LES MILLS BODYCOMBAT 12h30	12h30 LES MILLS BODYATTACK	12h30 LES MILLS RPM	11h LES MILLS RPM	
12h30 LES MILLS BODYBALANCE						
15h LES MILLS BODYPUMP			15h LES MILLS BODYBALANCE			
LES MILLS GRIT STRENGTH 17h30	17h30 LES MILLS RPM	17h15 LES MILLS DANCE	17h30 LES MILLS RPM	17h30 LES MILLS BODYPUMP	17h LES MILLS BODYATTACK	
18h LES MILLS CORE	LES MILLS BODYATTACK 17h30	17h30 LES MILLS RPM	17h30 LES MILLS CORE	LES MILLS BODYATTACK 18h15		17h30 LES MILLS RPM
18h LES MILLS SPRINT	LES MILLS RPM 18h30	LES MILLS BODYPUMP 18h	LES MILLS BODYPUMP 18h15	LES MILLS RPM 18h30		
18h30 LES MILLS RPM	LES MILLS RPM 18h30	18h30 LES MILLS RPM	LES MILLS SPRINT 18h30	18h30 LES MILLS RPM		
LES MILLS BODYATTACK 18h30	LES MILLS BODYPUMP 18h30	18h30 LES MILLS RPM	LES MILLS BODYCOMBAT 19h00	19h00 LES MILLS BODYBALANCE		
19h30 LES MILLS BODYBALANCE	19h30 LES MILLS BODYJAM	18h45 LES MILLS BODYBALANCE	19h30 LES MILLS RPM			
		19h30 LES MILLS BODYSTEP	19h45 LES MILLS BODYATTACK			