

lundi	mardi	merc.	jeudi	vendr.	samedi	dim.
9h30 <b>LES MILLS CORE</b>	9h30 <b>LES MILLS DANCE</b>		9h30 <b>TRX TRAINING TRX</b>	9h30 <b>LES MILLS CORE</b>	9h45 <b>LES MILLS BODYPUMP &amp; LES MILLS BODYATTACK</b>	
10h30 <b>LES MILLS RPM</b>	10h30 <b>LES MILLS BODYPUMP</b>	10h30 <b>LES MILLS BODYBALANCE</b>			11h00 <b>LES MILLS RPM</b>	11h00 <b>LES MILLS RPM</b>
12h30 <b>LES MILLS BODYPUMP</b>	12h30 <b>LES MILLS RPM</b>		12h30 <b>LES MILLS BODYBALANCE</b>	12h30 <b>LES MILLS RPM</b>		
17h45 <b>TRX TRAINING TRX</b>		17h45 <b>LES MILLS RPM</b>	17h45 <b>TRX TRAINING TRX</b>	17h45 <b>LES MILLS BODYPUMP</b> <sup>45'</sup>		
18h30 <b>LES MILLS RPM</b>	18h30 <b>LES MILLS BODYATTACK</b>	18h30 <b>LES MILLS BODYPUMP</b>	18h30 <b>LES MILLS BODYBALANCE</b>	18h30 <b>LES MILLS BODYCOMBAT</b>		
19h15 <b>LES MILLS BODYPUMP</b>	19h30 <b>LES MILLS SPRINT</b>					