

PLANNING



lundi	mardi	merc.	jeudi	vendr.	samedi	dim.
9h15 LES MILLS BODYPUMP	7h15 LES MILLS RPM	LES MILLS 9h15 BODYPUMP	7h15 LES MILLS BODYBALANCE	9h15 LES MILLS RPM	10h15 LES MILLS SPRINT	10h15 LES MILLS BODYPUMP
10h15 ZUMBA FITNESS ZUMBA	9h15 LES MILLS BODYBALANCE	LES MILLS 10h15 DANCE	9h15 LES MILLS STONE	10h15 LES MILLS BODYBALANCE	10h LES MILLS BODYPUMP	10h15 LES MILLS RPM
12h30 LES MILLS RPM	10h15 LES MILLS CORE	11h15 LES MILLS RPM	10h15 LES MILLS RPM	11h15 LES MILLS BODYPUMP	11h LES MILLS BODYSTEP	11h30 LES MILLS RPM
12h30 LES MILLS BODYBALANCE	12h30 LES MILLS BODYPUMP	LES MILLS 12h30 BODYCOMBAT	12h30 LES MILLS BODYATTACK	12h30 LES MILLS RPM	11h LES MILLS RPM	
15h LES MILLS BODYPUMP			15h LES MILLS BODYBALANCE			
LES MILLS 17h30 GRIT STRENGTH	17h30 LES MILLS RPM	17h15 LES MILLS DANCE	17h30 LES MILLS RPM	17h30 LES MILLS BODYPUMP	17h LES MILLS BODYATTACK	
18h LES MILLS CORE	LES MILLS 17h30 BODYATTACK	17h30 LES MILLS RPM	17h30 LES MILLS CORE	18h15 LES MILLS BODYATTACK		17h45 LES MILLS RPM
18h LES MILLS SPRINT	LES MILLS 18h30 RPM	LES MILLS 18h BODYPUMP	LES MILLS 18h15 BODYPUMP	18h30 LES MILLS RPM		
18h30 LES MILLS RPM	LES MILLS 18h30 BODYPUMP	18h30 LES MILLS RPM	LES MILLS 18h30 SPRINT	19h00 LES MILLS BODYBALANCE		
LES MILLS 18h30 BODYATTACK	LES MILLS 19h30 BODYJAM	18h45 LES MILLS BODYBALANCE	LES MILLS 19h00 BODYCOMBAT			
19h30 LES MILLS BODYBALANCE		19h30 LES MILLS BODYSTEP	19h30 LES MILLS RPM			
			19h45 LES MILLS BODYATTACK			