

lundi	mardi	merc.	jeudi	vendr.	samedi	dim.
9h30 <b>LES MILLS CORE</b>	9h30 <b>LES MILLS DANCE</b>		9h30 <b>LES MILLS CORE</b>	9h45 <b>LES MILLS CORE</b>	9h45 <b>LES MILLS BODYPUMP</b>	
10h30 <b>LES MILLS RPM</b>	10h30 <b>LES MILLS BODYPUMP</b>	10h30 <b>STRETCH</b> et très bientôt <b>LES MILLS BODYBALANCE</b>	10h30 <b>LES MILLS RPM</b>	10h30 <b>LES MILLS BODYPUMP</b>	11h00 <b>LES MILLS RPM</b>	11h00 <b>LES MILLS RPM</b>
12h30 <b>LES MILLS BODYPUMP</b>	12h30 <b>LES MILLS RPM</b>		12h30 <b>LES MILLS BODYBALANCE</b>			
17h30 <b>LES MILLS CORE</b>		17h30 <b>LES MILLS RPM</b>		17h30 <b>LES MILLS BODYPUMP</b>		
18h00 <b>LES MILLS RPM</b>	18h30 <b>LES MILLS BODYATTACK</b>	18h30 <b>LES MILLS BODYPUMP</b>	17h45 <b>LES MILLS CORE</b>	18h30 <b>LES MILLS CORE</b>		
			18h30 <b>STRETCH</b> et très bientôt <b>LES MILLS BODYBALANCE</b>			
19h00 <b>LES MILLS BODYPUMP</b>	19h30 <b>LES MILLS RPM</b>					